

2024

LARKSPUR AT CREEKSIDE JANUARY 2024

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	 <p>OFFICE CLOSED</p>	<p>1:00-2:00 PM Gentle Yoga: Bust Out Your Best 80's Accessories - FC *Kaye</p> <p>4:00-5:00 PM Spanish Lesson - Pub</p>	<p>11:30-12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane</p> <p>1:30 - 2:30 PM Craft & Chat - AR</p> <p>2:00-4:00 PM H-E-B Cooking Connections: Simple Substitutes for Healthy Eating - DK</p> <p>6:00-7:00 PM Bible Study - AR</p>	<p>9:30-10:30 AM Walk to Fitness: Pick Your Favorite Songs- FC *Diane</p> <p>1:00-2:00 PM Bingo Extravaganza- AR</p> <p>2:00-3:00 PM Loteria Fiesta - AR</p> <p>5:00- 6:30 PM Lettuce Celebrate the New Year Social Hour - GR</p>	<p>11:00 AM Lunch Bunch: Herbert's - O/SD</p> <p>1:00-2:00 PM Bingo Extravaganza! - AR</p> <p>2:30-4:30 PM Billiards and Brews-GMR</p> <p>5:00-6:00 PM Movin to Music: Wear your sports watch & track your pulse! - FC *Andrea</p>	<p>10:00-11:30 Volunteer at Fischer Park Nature Education Center - O/SD</p> <p>1:30-2:30 PM Day Trippers Meeting Hosted by Pam Barron - THTR</p> <p>3:00-4:00 PM Loteria Fiesta - AR</p>
7	<p>1:00-2:00 PM Bingo Extravaganza! - AR</p> <p>2:30-3:30 PM Yoga/ Tai Chi Fusion- FC *Andrea</p> <p>3:00-4:00 PM Game Time! - Pub</p> <p>4:30-5:30 PM Introduction to the Welcoming Committee - AR</p>	<p>10:00-11:00 AM Garden Club - AR</p> <p>11:30-12:30 PM Simple Steps to Boost Your Immunity - THTR</p> <p>1:00-2:00 PM Gentle Yoga: Core & More - FC *Kaye</p> <p>4:00-5:00 PM Spanish Lesson - Pub</p> <p>7:00-8:00 PM Late Night Bingo w/Chuck! - GR</p>	<p>10-11 AM Pickleball Drills & Coached Play (Intermediate/Advance) w/Mel- PC</p> <p>11:30-12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane</p> <p>1:30 - 2:30 PM Craft & Chat - AR</p> <p>6:00-7:00 PM Bible Study - AR</p> <p>6:30 PM Texas Hold'em Poker Tournament \$20 Buy-In - Pub</p>	<p>9:30-10:30 AM Walk to Fitness: Pick Your Favorite Songs - FC *Diane</p> <p>1:00-2:00 PM Bingo Extravaganza - AR</p> <p>2:00-3:00 PM Loteria - AR</p> <p>5:00 - 6:30 PM Social Hour - GR</p>	<p>10:00-11:00 AM Movin to Music: Wear an 80's headband - FC *Andrea</p> <p>1:00-2:00 PM Bingo Extravaganza! - AR</p> <p>2:30-4:30 PM Billiards and Brews-GMR</p> <p>3:00 pm/ 5:30 PM The Larkspur Cinema: 'Big George Foreman' - THTR</p>	<p>10:00-11:00 AM Yoga/ Tai Chi Fusion- FC *Andrea</p> <p>3:00-4:00 PM Loteria Fiesta - AR</p>
14	<p>8:00-12:00 PM Speed Service Pet Grooming - \$Pub</p> <p>1:00-2:00 PM Bingo Extravaganza! - AR</p> <p>2:30-3:30 PM Yoga/ Tai Chi Fusion- FC *Andrea</p> <p>3:00-4:00 PM Game Time! - Pub</p>	<p>1:00-2:00 PM PM Gentle Yoga: Flexibility Not Required But Gained - FC *Kaye</p> <p>4:00-5:00 PM Spanish Lesson - Pub</p>	<p>10-11 AM Pickleball Drills & Coached Play (Intermediate/Advance) w/Mel- PC</p> <p>11:30-12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane</p> <p>6:00-7:00 PM Bible Study - AR</p> <p>6:30- 7:30 PM Craft & Chat - GR</p>	<p>9:30-10:30 PM Walk to Fitness: Pick Your Favorite Songs - FC *Diane</p> <p>12:30-1:00 PM Pre-Bingo Party: Get to Know Ji - AR</p> <p>1:00-2:00 PM Bingo w/Ji- AR</p> <p>2:00-3:00 PM Loteria Fiesta - AR</p> <p>5:00- 6:30 PM Social Hour - GR</p>	<p>9:30-3:30 PM Day Trippers Outing: Wimberly, Tx - O/\$25 to Reserve Your Seat</p> <p>1:00-2:00 PM Bingo Extravaganza! - AR</p> <p>2:30-4:30 PM Billiards and Brews-GMR</p> <p>5:00-6:00 PM Movin to Music: Crazy sock day! - FC *Andrea</p>	<p>10:00-11:00 AM Yoga/ Tai Chi Fusion- FC *Andrea</p> <p>3:00-4:00 PM Loteria Fiesta - AR</p>
21	<p>1:00-2:00 PM Bingo Extravaganza! - GR</p> <p>2:30-3:30 PM Yoga/ Tai Chi Fusion- FC *Andrea</p> <p>3:00-4:00 PM Game Time! - Pub</p>	<p>10:00-11:00 AM Garden Club - THTR</p> <p>1:00-2:00 PM Gentle Yoga: Chair Yoga Isn't For Sissies! - FC *Kaye</p> <p>2:30-3:30 PM DocTalk: Happy New Ears w/Dr. Sally - THTR</p> <p>4:00-5:00 PM Spanish Lesson- Pub</p>	<p>11:30-12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane</p> <p>1:30 - 2:30 PM Craft & Chat - AR</p> <p>6:00-7:00 PM Bible Study - AR</p> <p>6:30 PM Dealer's Choice Poker Tournament \$25 Buy-In - Pub</p>	<p>9:30-10:30 AM Walk to Fitness: Pick Your Favorite Songs - FC *Diane</p> <p>1:00-2:00 PM Bingo Extravaganza - AR</p> <p>2:00-3:00 PM Loteria - AR</p> <p>5:00 - 6:30 PM It's Gettin' Scot' in Here FLANNELFEST! - GR</p>	<p>10:00-11:00 AM Movin to Music: Crazy/unique shirt day! - FC *Andrea</p> <p>1:00-2:00 PM Bingo Extravaganza! - AR</p> <p>2:30-4:30 PM Billiards and Brews- GMR</p> <p>3:00 pm/ 5:30 PM The Larkspur Cinema: 'Wonka' -THTR</p>	<p>10:00-11:00 AM Yoga/ Tai Chi Fusion- FC *Andrea</p> <p>3:00-4:00 PM Loteria Fiesta - AR</p>
28	 <p>1:00-2:00 PM Bingo Extravaganza! - GR</p> <p>2:30-3:30 PM Yoga/ Tai Chi Fusion: 60's Theme Hair (High ponytail or slick back hair)- FC *Andrea</p> <p>3:00-4:00 PM Game Time! - Pub</p> <p>5:00-6:00 PM Resident Activity Meeting - AR</p>	<p>10:00-11:00 AM Plant Swap - AR</p> <p>1:00-2:00 PM Gentle Yoga: Strength, Body, Mind & Spirit - FC *Kaye</p> <p>4:00-5:00 PM Spanish Lesson - Pub</p>	<p>11:30-12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane</p> <p>1:30 - 2:30 PM Craft & Chat - AR</p> <p>5:00-6:00 PM January Birthday Bash - AR</p> <p>6:00-7:00 PM Bible Study - AR</p> <p>7:00-8:00 PM Beginner's Pickleball Lesson - PC</p>	 <p>*Every Monday, Thursday, and Friday at 1pm! \$0.25 per card, per game</p>	<p>COMMIT TO BE FIT CHALLENGE!</p> 	<p>All 3 Larkspur properties will be competing to better personal health and increase attendance in fitness classes. Try a new class, bring a friend, and commit to health. Don't forget to sign in during each class in January to keep our average attendance high!</p>

Room Legend

DK: Demonstration Kitchen

GR: Great Room

SD: Self-Directed

GB: Garden Boxes

O: Outing

AR: Art Room

FC: Fitness Center

THTR: Theater

GMR: Game Room

OC: Outdoor Courtyard

DP: Dog Park

\$: Cost associated with the event

PC: Pickleball Court

PB: Pool Bar

WR: Wine Room

Recreation Equipment is available for check-out upon request at the Concierge desk: Pickleball, Bocce Ball, Ping Pong, Darts, Cornhole and more!

Join us for Fitness!

SUN	MON	TUE	WED	THU	FRI	SAT
	1 	2 1- 2 PM Gentle Yoga: Bust Out Your Best 80's Accessories - FC *Kaye	3 11:30 - 12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane	4 9:30 - 10:30 AM Walk to Fitness: Pick Your Favorite Songs - FC *Diane	5 5 - 6 PM Movin to Music: Wear your sports watch & track your pulse! - FC *Andrea	6
7	8 2:30-3:30 PM Yoga/ Tai Chi Fusion - FC *Andrea	9 1- 2 PM Gentle Yoga: Core & More - FC *Kaye	10 11:30 - 12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane	11 9:30 - 10:30 AM Walk to Fitness: Pick Your Favorite Songs - FC *Diane	12 10 - 11 AM Movin to Music: Wear an 80's headband - FC *Andrea	13 10 - 11 AM Yoga/ Tai Chi Fusion - FC *Andrea
14	15 2:30-3:30 PM Yoga/ Tai Chi Fusion - FC *Andrea	16 1- 2 PM Gentle Yoga: Flexibility Not Required But Gained - FC *Kaye	17 11:30 - 12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane	18 9:30 - 10:30 AM Walk to Fitness: Pick Your Favorite Songs - FC *Diane	19 5 - 6 PM Movin to Music: Crazy sock day! - FC *Andrea	20 10 - 11 AM Yoga/ Tai Chi Fusion - FC *Andrea
21	22 2:30-3:30 PM Yoga/ Tai Chi Fusion - FC *Andrea	23 1- 2 PM Gentle Yoga: Chair Yoga Isn't For Sissies! - FC *Kaye	24 11:30 - 12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane	25 9:30 - 10:30 AM Walk to Fitness: Pick Your Favorite Songs - FC *Diane	26 10 - 11 AM Movin to Music: Crazy/unique shirt day! - FC *Andrea	27 10 - 11 AM Yoga/ Tai Chi Fusion - FC *Andrea
28	29 2:30-3:30 PM Yoga/ Tai Chi Fusion: 60's Theme Hair (High ponytail or slick back hair) - FC *Andrea	30 1- 2 PM Gentle Yoga: Strength, Body, Mind & Spirit - FC *Kaye	31 11:30 - 12:30 PM Low Impact Circuit: Pick Your Favorite Exercises - FC *Diane			